

# IF YOU WANT TO TALK, WE'RE HERE TO LISTEN

SPEAK ANONYMOUSLY WITH A TEEN WHO UNDERSTANDS

- ANXIETY / STRESS
- BULLYING
- SADNESS
- SUICIDE
- SEXUALITY
- GENDER IDENTITY
- RELATIONSHIPS
- SCHOOL
- OR ANYTHING ELSE YOU ARE STRUGGLING WITH



Call 800-852-8336

from 6pm to 10pm PST

or text "TEEN" to 839863

from 6pm to 9pm PST

[www.teenline.org](http://www.teenline.org)



with appreciation,



Accredited by the American Association of Suicidology